

**COMMUNITY
RESOURCES
HANDBOOK**

**HOPEDALE
PUBLIC SCHOOLS**

EMERGENCY	
Hopedale Police Department – Emergency Administration John Gagnon, School Resource Officer	911 508-634-2227 Fax: 508-634-2228
Hopedale Fire Department – Emergency Administration	911 508-473-1050
Poison Center – 24 Hours	800-222-1222
Milford Regional Medical Center	508-473-1190
Child Abuse & Neglect Hotline	800-792-5200
Mass. Department of Children and Families (formerly DSS) <i>(To report suspected child abuse or neglect)</i> South Central (Blackstone Valley) 185 Church Street, Whitinsville, 01588	508-929-1000 (Whitinsville) Fax: 508-234-4110
Riverside Community Care – Emergency Services <i>Twenty-four hour a day, 7 day a week on-site and mobile teams provide psychiatric and substance abuse assessment, emergency medication evaluation, information, referral, hospital prescreening and admission. The Emergency Services utilize a multi-disciplinary approach to intervention and treatment and collaborate closely with other community resources. The service in Upton provides services on behalf of Milford Regional Medical Center.</i>	800-294-4665 www.riversidecc.org

ADDICTION RELATED SERVICES	
Alanon/Alateen (www.ma-alanon-alateen.org) Trinity Episcopal Church 17 Congress Street, Milford, MA 01757	508-473-8464 Monday: 10:00 am & 8:00 pm Saturday: 8:30 am
Alcoholics Anonymous (AA) - Central Office <i>(Meetings in Hopedale)</i> 1) Ray of Hope, Community House: Sundays 10:30 - 11:30 am 2) 2 nd Chance, Union Evangelical: Thursday 8:00 - 9:00 pm 3) Sacred Heart Church: Friday 7:30 - 8:30 pm and Saturday 8:30 am	617-426-9444
Narcotics Anonymous (NA) Massachusetts Statewide Office www.nerna.org	866-624-3578
Highland Grace House 90-day program for teen girls ages 13-17 who seek long-term recovery from addiction to drugs or alcohol.	508-860-1200 (Detox)
Homeless & Inpatient Services <i>Offers an array of services to homeless or at-risk to be homeless individuals who are battling a substance abuse addiction and/or mental illness.</i>	508-860-1200
TREATMENT OPTIONS FOR DRUG & ALCOHOL ABUSE AND ADDICTION	
Motivating Youth Recovery 12 Queen Street Worcester, MA 01610	508-860-1245
Northeast Behavioral Services Centennial Drive Peabody, MA 01960	978-968-1700
Phoenix Academy 15 Mulberry Street Springfield, MA 01105	413-739-2440

TREATMENT OPTIONS FOR DRUG & ALCOHOL ABUSE AND ADDICTION	(Continued)
Gavin Foundation 675 East 4 th Street South Boston, MA 02127	617-268-5517
Cushing House for Boys or Girls Old Colony Road South Boston, MA 02127	617-269-2933
Ostiguy High School 19 Temple Place Boston, MA 02111	617-348-6070
Learn2Cope (for Parents) www.learn2cope.org	
COUNSELING AGENCIES	
The Center for Adolescent Health Hill Health Center, 14 Prospect Street, 2 nd Floor, Milford, MA 01757 <i>Mental Health services, specializes in eating disorders, obesity, ADHD, sports medicine, menstrual issues, etc.</i> http://www.tricountymedical.org/practices/practices_adolescent.cfm	508-482-5444 Fax: 508-482-5402
Family Continuity Program 76 Church Street, Suite 301, Whitinsville, MA 01588 Offers a range in services, including individual, couples, family, and group therapy, to children, adolescents and adults facing a wide variety of social, emotional, and/or behavioral issues. Child and Adult Psychiatric evaluations & treatment are available, as well psychological testing.	508-234-4181 www.familycontinuity.org
Milford/Franklin Counseling Center 409 Fortune Boulevard #101 Milford, MA 01757 <i>Individual work: children, adolescent, adults</i>	508-473-7400

COUNSELING AGENCIES	(Continued)
<p>Integrated Psychotherapy Sherri Snyder, LMHC; Brad Kohl, LICSW; Wayne Firstenberg, LICSW 31 Hastings Street, Mendon, MA 01756 <i>Offering individual (children, teens and adults), couple, and family therapy. May have support groups for teens. Call for more information.</i></p>	508-473-1200
<p>Milford Psychological Associates Dr. Eric Korn; Janice Korn, LICSW; Dr. Charles Drebing 89 Main Street, Milford, MA 01757 <i>Individual, couple or family counseling.</i></p>	508-478-6725 www.milfordpsych.com
<p>Riverside Community Care – Outpatient Center at Upton 206 Milford Street, Upton, MA 01568 <i>Offering individual, family and group therapy for children, adults and adolescents, as well as psychiatric evaluations and treatment. Also offers Home-Based, Emergency, Crisis Stabilization/Respite, Clubhouse, and other services. Call for more information.</i></p>	508-529-7000
<p>Spectrum Health Systems 200 East St. Milford, MA 01757 <i>Specializes in individual, group and family substance abuse counseling.</i></p>	508-634-1877
<p>Wayside Community Counseling Center 10 Asylum Street, Milford, MA 01757</p>	508-478-6888
<p>Y.O.U. Inc. (Youth Opportunities Upheld) 3 Exchange Street, Milford, MA 01757 <i>Y.O.U., Inc. offers a comprehensive continuum of human services to children, adolescents, and families each year in Central Mass. There are five distinct service areas: Community-Based Services, Educational and Vocational Schools, Family Centers containing Licensed Mental Health and Substance Abuse Clinics, Residential Out-of-Home Services, and Family Networks.</i></p>	508-473-2178 www.youinc.org

COUNSELING AGENCIES	(Continued)
Tri-Valley Counseling 171 Main Street, Milford, MA 01757	508-473-4984
DOMESTIC VIOLENCE	
Community Healthlink <i>Offering services for children, teens and non-offending family members who have witnessed violence, were victims of violence, sexual abuse or other crimes.</i>	508-791-3261
Daybreak Resources (A Program of the YWCA of Central MA) <i>Provides safe refuge for all women and their children escaping domestic violence. Staff provides 24-hour, confidential, hotline support and counseling to women who need assistance with safety planning, Domestic Violence support, advocacy and referral, including emergency shelter placement.</i>	508-755-5371 24-hour support line: 508-755-9030
National Domestic Violence Hotline	800-799-SAFE (7233)
GAY, LESBIAN, BISEXUAL, TRANSGENDER (GLBT)	
Parents and Friends of Lesbians & Gays (P-FLAG) www.pflagworchester.org	508-631-2699 508-755-2191

HEALTH / DEVELOPMENT	
AIDS Action Hotline	800-235-2331
The Center for Adolescent Health (Primary Care Adolescent Medicine) Dr. Gupta & Dr. Sadler, Darlene Vittori-Marsell, Nurse Practitioner Hill Health Center, Milford, MA 01757	508-482-5444
Criterion Valley Early Intervention 375 Fortune Blvd. Milford, MA 01757 Parents, medical providers, community agencies and childcare providers may call the program to refer a child if there are concerns related to the child's development. A screening will be scheduled to determine eligibility.	508-478-7752 www.criterionchild.com
HEALTH INSURANCE (Free)	
Mass Health Call for details regarding eligibility www.mass-health-insurance.org and www.mass.gov/masshealth	888-841-2900
HOMELESSNESS	
Community Healthlink – HEART (Homeless Emergency Assessment & Response) <i>To link homeless individuals, or those at-risk, to emergency housing, food, clothing, medical & mental health services. Funded by HUD.</i>	508-860-1200
LEGAL	
Milford District Court 161 West Street, Milford, MA 01757 Juvenile Probation Department	508-473-1260 508-478-2954
Worcester Probate Court	508-831-2200
Legal Assistance Corp. of Central MA 60 North Bow Street, Milford, MA 01757 First and third Thursday of the month: 10:00 am – 4:00 pm Offers free legal assistance to low-income families on a case-by-case basis. Call for more information.	508-473-1574

<p>Massachusetts Justice Project Alan Ells, Director 405 Main Street, Suite 300, Worcester, MA Languages: English, Portuguese, Spanish <i>Provides direct representation in divorce, assistance to preserve existing child custody arrangements, protection from domestic violence, and problems with DSS where there is no appointed counsel.</i></p>	<p>508-831-9888 or 888-427-8989</p>
<p>MENTAL HEALTH</p>	
<p>Mass. Department of Mental Health (Central Mass. Area) Site Director - Pam Druzbeck 40 Institute Road, N. Grafton, MA 01536</p>	<p>508-887-1100 508-887-8604</p>
<p>Collaborative Assessment Program, Central MA Beth Lynch, Director A program designed to help avoid residential placement for children and teens at risk</p>	<p>508-929-2195</p>
<p>PARENTING</p>	
<p>Parental Stress Hotline Support groups meet in Marlboro and Worcester <i>Call for information regarding the types of groups: General parenting support, parents of children with special needs, etc. Babysitting is provided.</i> www.parents helpingparents.com has links for many helpful resources for parents.</p>	<p>800-632-8181 24-hour hotline 7 days a week, confidential, and anonymous.</p>
<p>Family Network Project 31 West Fountain Street, Milford, MA 01757 Supporting families with children from birth to 48 months. Offer playgroups, activities, group outings, etc. www.milfordfamilynetwork.com</p>	<p>508-634-2356</p>

SEXUAL ASSAULT	
Rape Crisis Center of Central Mass.	800-870-5905
Wayside Trauma Intervention Services 10 Asylum Street, Milford, MA 01757	508-478-9042 24-Hour Hotline: 800-511-5070
Valley Rape Crisis Program	508-478-6888, Ext. 131
SUICIDE	
Samaritans Suburban West - Framingham	24-Hour Hotline: 877-SOS-TEEN (877-767-8336)
Samaritans	800-SUICIDE (800-784-2433) 800-273-TALK (800-273-8255)
VIOLENCE	
Wayside Trauma Intervention Services 10 Asylum Street, Milford, MA 01757	508-478-9042
Domestic Violence Program Children Who Witness Violence Program Homicide Bereavement Program	508-478-6888, Ext. 134 508-478-6888, Ext. 166 508-478-6888, Ext. 132
National Center for Victims of Crime Excellent source of information regarding victim assistance for various crimes, including stalking, date violence, etc.	800-FYI-CALL (800-394-2255) www.ncvc.org

BASIC NEEDS SERVICES

SOCIAL SECURITY ADMINISTRATION www.ssa.gov (800) 772-1213	
Social Security Office – Worcester 51 Myrtle Street Worcester, MA 01608 (508) 753-4105	

DEPARTMENT OF TRANSITIONAL ASSISTANCE / FOOD STAMPS www.ma.gov/dta Food Stamps Benefit Hotline: (866) 950-3663	
Families must apply for emergency assistance at their local Department of Transitional Assistance Office. Families receiving TAFDC benefits first need a referral from their caseworker. To apply for food stamps, you must fill out an application and either bring it, fax it, or submit it online to the Department of Transitional Assistance.	
Dept. of Transitional Assistance – Milford 25 Birch Street Milford, MA 01757 (508) 634-7100	Dept. of Transitional Assistance – Worcester 9 Walnut Street Worcester, MA 01608 (508) 767-3100 (800) 715-5494

WOMEN, INFANTS, AND CHILDREN (WIC) OFFICES www.mass.gov/dph/fch/wic.htm	
The WIC Program provides nutrition and health education, health food, and other services free of charge to Massachusetts’ families who qualify. Following are the main WIC sites in this area. Call the main site closest to you to find out if there is a WIC office right in your neighborhood.	
South Middlesex Opportunity Council, Inc. (SMOC) 300 Howard Street Framingham, MA 01701 (508) 620-2310 www.smoc.org	South Central WIC Program 29 Pine Street Southbridge, MA 01550 (508) 765-0139
Worcester WIC Program 26 Queen Street Worcester, MA 01610 (508) 860-7744	

BASIC NEEDS SERVICES

CHILD CARE CENTERS

For regional lists of licensed child care providers, go to:

www.eec.state.ma.us/kr_regionallist.aspx

The Department of Early Education and Care provides funding for the Massachusetts Child Care Resource and Referral Agencies (CCR&R) to provide information for families seeking information about financial assistance options and high-quality early education and care programs. Massachusetts Community Partnerships for Children (CPC) Programs also provide these services. To contact CPC, please visit: www.eec.state.ma.us/cpcSearchResult.aspx.

CCR&R agencies and CPC programs also offer training, consultation, and technical assistance to early education and care providers. If you are not sure which CCR&R to contact, call the CCR&R Network at (800) 345-0131. The message will ask you to enter your home zip code and will then connect you with the correct CCR&R.

FOOD PANTRIES / DISTRIBUTION CENTERS

To find a food pantry or soup kitchen near you, contact

www.foodbank.org/PDF/agencylist.pdf

Many pantries require photo identification, written referral, and proof of number of dependents. Call individual pantries to see what may be required and food distribution times.

<p>The FoodSource Hotline Project Bread (800) 645-8333 www.projectbread.org Multilingual services in 160 languages; immediate translation is available.</p>	<p>Child Nutrition Outreach Program Summer Food Service Program Meal Sites www.meals4kids.org/sfsp/sfspots-citycounts2007.asp Select a city and then click the search button for detailed information about meal sites in your community.</p>
<p>The Worcester County Food Bank (508) 842-3663 Are you or your family in need of food assistance? Do you know someone who needs help? The Worcester</p>	<p>County Food Bank works in partnership with non-profit programs located in 60 emergency food assistance to individuals and families. communities throughout Worcester County to provide To locate a program in your area, please call the Food Bank.</p>

BASIC NEEDS SERVICES

<p>The Blessing Barn Food Pantry at Bethany Assembly of God 15 Cape Road Mendon, MA 01756 (508) 478-6603</p>	<p>Franklin Food Pantry 80 West Central Street Franklin, MA 02030 (508) 528-3115 Thursday nights only – please call ahead</p>
<p>Blackstone – Millville Food Pantry 48 St. Paul Street Blackstone, MA 01504</p>	<p>Ecumenical Food Pantry St. Denis Church Rectory 23 Manchaug Street Douglas, MA 01516 (508) 476-2002 Call Rectory for an appointment to use the food pantry.</p>
<p>St. James Outreach Saint James Church 89 Main Street Grafton, MA 01560 (508) 839-5354</p>	

SERVE – NEW ENGLAND

www.servenewengland.org

SERVE New England is a program designed to promote volunteer service by offering deep discounts on the highest quality grocery, meat, and vegetable items to community-minded individuals willing to volunteer two (2) hours of their time each month to a worthy cause. We have over 350 chapter sites located throughout the six New England states. SERVE has no eligibility requirements other than the two hours of volunteer services. Our program is open to people of all ages, races, and income levels.

SERVE's Food Cooperative

Register at a local SERVE Chapter, such as church, school, council on aging, or other community agency listed. SERVE New England purchases food for all those who register directly from manufacturers, wholesalers, and New England farms through a unique bulk buying system. Participants complete two hours of community service for each food package purchased. SERVE New England coordinates the distribution of food to the Chapters, which in turn distribute packages locally. Participants pick up their order at the Chapter. You may also place your order on our web site.

<p>Milford SERVE Mendon, MA 01756 (508) 381-0137</p>	<p>Saint Mary's – Saint Vincent de Paul SERVE Uxbridge, MA 01569 (508) 278-5008</p>
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BASIC NEEDS SERVICES

SOUP KITCHENS www.foodbank.org/PDF/agencylist.pdf	
Community Supper Milford Unitarian Universalist Church 23 Pine Street Milford, MA 01757 (508) 473-3589	

CLOTHING (Call for operation hours)	
Dress for Success Worcester www.dressforsuccess.org Provides professional clothing to women for interviews and jobs. Must have referral from partner agency. Check web site for update on locations.	

THRIFT SHOPS	
Salvation Army Thrift Store 135 Providence Road Northbridge, MA 01534 (508) 234-4439	St. Anne's Human Service 130 Boston Turnpike Shrewsbury, MA 01545 (508) 799-4169
Back Street 42 Hamilton Street Southbridge, MA 01550 (508) 764-2799	Salvation Army Thrift Store 64 Mill Street Southbridge, MA 01550 (508) 765-0269

SHELTER AND TRANSITIONAL PROGRAMS (Call for program requirements)	
Department of Transitional Assistance Homeless Assistance (800) 529-1599	Daybreak Resources, Inc. (508) 755-9030 Confidential shelter for battered women.
Winterhaven Shelter 10 North Bow Street Milford, MA 01757 (508) 478-2333	

BASIC NEEDS SERVICES

FUEL ASSISTANCE (Call for program requirements)	
<p>Low-Income Energy Efficiency MassSAVES (800) 632-8300 www.nationalgridus.com/masselectric/home/energyeff/4_energy_svs.asp Customers of Mass. regulated electric/gas companies who receive low-income discount rate may also be eligible for free energy efficiency services. These may include energy audits, electric base load measures, appliance efficiency services, attic & wall insulation, air sealing & heating system replacement. Contact your local Community Action agency or visit the MassSAVE web site.</p>	<p>The American Red Cross www.redcross.org At specific times of the year, the American Red Cross has limited emergency fuel assistance funds available for needy individuals and families.</p>
<p>Citizens Energy Oil Heat Program (Citizens Energy Corporation) 88 Black Falcon Avenue, Suite 342 Boston, MA 02210 (617) 338-6300 (877) 563-4645 www.citizensenergy.com/english/pages.ContactUs Allows families to purchase one-time deliveries of discount home heating oil.</p>	<p>Good Neighbor Energy Fund (800) 262-1320 (area code 413) (800) 334-3047 (other area codes) www.magoodneighbor.org Utilities and utility customers fund the Good Neighbor Energy Fund across Massachusetts. Benefits provide a maximum \$200 payment toward energy bills for households with incomes between 151-200% of federal poverty level.</p>
<p>MassEnergy Consumer Alliance 670 Centre Street Boston, MA 02130 (617) 524-3950 (800) 287-3950 www.massenergy.com/index.html Mass Energy's Heating Oil Alliance is a program for any household, regardless of income, who wants to save on heating and electricity costs.</p>	

BASIC NEEDS SERVICES

UTILITY / RENT ASSISTANCE	
Salvation Army – Milford 29 Congress Street Milford, MA 01757 (508) 473-0786 Services: Rent payment assistance	Franklin Food Pantry 80 West Central Street Franklin, MA 02038 (508) 528-3115 Services: Rent payment assistance

FURNITURE (Referrals may be required)	
Massachusetts Coalition for the Homeless 288 A Street Boston, MA 02210 (781) 595-7570 www.mahomeless.org Referral required from an organization such as DSS, DTA, or an emergency shelter.	Abby's House 52 High Street Worcester, MA 01609 (508) 756-5486 www.abbyshouse.org/index.shtml
St. James Outreach Saint James Church 89 Main Street Grafton, MA 01560 (508) 839-5354	The Donations Clearinghouse Central Mass. Housing Alliance 7-11 Bellevue Street Worcester, MA 01609 (508) 791-7265, Ext. 22 www.cmhaonline.org A referral from a caseworker is required in order to access services. If you are a caseworker or in need of furniture, please call the above number.

LEGAL SERVICES	
The following organizations and attorneys provide free legal services and/or referrals for such services to indigent individuals in immigration removal proceedings. Some of these organizations may also charge a nominal fee for legal services to certain low-income individuals.	
Att. General's Consumer Hotline Commonwealth of Massachusetts One Ashburton Place Boston, MA 02108 (617) 727-2200	Legal Assistance Corp. of Massachusetts Worcester, MA 01608 (508) 752-3718

BASIC NEEDS SERVICES

FINANCIAL LITERACY	
Worcester Community Action Council, Inc. (WCAC) 484 Main Street, 2 nd Floor Worcester, MA 01608 (508) 754-1176 www.wcac.net Services: Individual development account	

HOUSING

HOUSING AUTHORITIES

Public Housing

Public housing is affordable government-owned rental housing for low and moderate-income families and individuals, seniors, and people with disabilities.

Section 8

A federal government housing assistance program for low-income families and individuals. Section 8 assistance may be in the form of rent vouchers given to tenants to help pay their rent; homeownership assistance to help pay a mortgage loan; or project-based subsidies used to keep rents low in specific private housing developments. Only one application is required for the State of Massachusetts, covering approximately 60 housing Authorities.

Massachusetts Rental Voucher Program (MRVP)

A state-funded rental assistance program for low-income families and individuals. The MRVP offers tenant-based vouchers that can be used for any approved apartment, and project-based vouchers that are restricted to certain rental units or developments. Families with tenant-based vouchers can choose any apartment they want, as long as the rent is reasonable and the unit is safe and clean. If the family moves, the rental assistance goes with them.

Application:

www.mass.gov/Ehed/docs/dhcd/ph/publichousingapplications/standapp.doc

Alternative Housing Voucher Program (AHVP)

A state-funded rental assistance program for low-income disabled people under the age of 60. The AHVP offers tenant-based vouchers that can be used for any approved apartment.

(All Housing Authorities that are underlined in this section have Section 8 voucher programs.)

<u>Milford Housing Authority (MRVP)</u> 45 Birmingham Court Milford, MA 01757 (508) 473-9521	<u>Mendon Housing Authority</u> 9 Blackstone Street Mendon, MA k 01756 (508) 473-9130
<u>Franklin Housing Authority</u> Central Park Terrace Franklin, Ma 02038 (508) 528-2220	<u>Upton Housing Authority</u> 4 Hartford Avenue Upton, MA 01568 (508) 529-3293
<u>Uxbridge Housing Authority</u> Calumet Court, PO Box 391 Uxbridge, MA 01569 (508) 278-3232	

HOUSING

OTHER HOUSING OPPORTUNITIES	
Abby's House 52 High Street Worcester, MA 01608 (508) 756-5486 www.abbyshouse.org/index.shtml	Main South CDC 875 Main Street Worcester, MA 01610 (508) 752-6181 www.mainsouthcdc.org
Oak Hill CDC 74 Providence Street Worcester, MA 01608 (508) 754-2858	

HOUSING SEARCH AND INFORMATION	
Central Mass. Housing Alliance, Inc. 7-11 Bellevue Street Worcester, MA 01609 (508) 791-7265	

HEALTH AND WELLNESS PROGRAMS

PRIMARY CARE

MassHealth Primary Care/HMO Providers

To apply for MassHealth, you should call the MassHealth Enrollment Center at (888) 665-9993 to request an application. You can also download an application from MassHealth Applications and Member Forms on the MassHealth web site or visit a community health center.

Download Application:

www.mass.gov/Eeohhs2/docs/masshealth/appforms/mbr.pdg
MassHealth / Medicaid (800) 841-2900

Choosing a health plan and a primary care doctor for your family is an important decision. You may want to talk to a Health Benefits Advisor at the MassHealth Customer Service Center (800-841-2900) or one of the Massachusetts Community Health Centers. If your friends or relatives have MassHealth, you might want to ask them about their health plans and doctors. www.massleague.org/HealthCenters.htm

For information about managed care plans, you can call the plans directly or visit their web sites. For MassHealth HMO contact information and web site links, see MassHealth HMO Managed Care Health Plans.

MASSACHUSETTS MED LINE (STATEWIDE)

(866) 633-1617

Massachusetts Med Line (Statewide)

Free, confidential service available to all Massachusetts residents who are seeking information regarding their medications. Whether you are having difficulties affording your medications or want to know what the side effects are to your prescriptions, MassMedLine can help. By calling a toll-free help line, you can speak to pharmacists and case managers one-on-one to receive answers to your pharmacy-related questions or information on programs to help with the cost of your medications. Interpreters are available.

HEALTH CENTERS AND PROGRAMS

(Call for programs hours)

Health Awareness Services Milford Family Planning Clinic 258 Main Street, Suite 101 Milford, MA 01757 (800) 637-5466	
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HEALTH AND WELLNESS PROGRAMS

MENTAL HEALTH PROGRAMS	
Milford Regional Medical Center 14 Prospect Street Milford, MA 01757 (508) 473-1190	Wayside Community Counseling Center 10 Asylum Street Milford, MA 01757 (508) 478-6888
Y.O.U., Inc. Family Center 3 Exchange Street Milford, MA 01747 (508) 473-2178	

DENTAL CARE
<p>MassHealth Dental Program</p> <p>The MassHealth Dental Program provides dental benefits for MassHealth members. Dental benefits include checkups, cleanings, fillings, extractions, braces, dentures, and other necessary dental services.</p> <p>To find a MassHealth dentist in your area, visit: www.masshealth-dental.net/MemberServices/Default.aspx. Translators are available.</p> <p>To contact MassHealth Dental, call or write:</p> <p>MassHealth Dental Program 12121 North Corporate Parkway Mequon, WI 53092 (800) 207-5019</p>

EDUCATION

HOPEDALE PUBLIC SCHOOLS	
Hopedale Jr./Sr. High School 25 Adin Street Hopedale, MA 01747 (508) 634-2217 Fax: (508) 634-4319 www.hopedale.k12.ma.us	Memorial Elementary School 6 Prospect Street Hopedale, MA 01747 (508) 634-2214 Fax: 634-0095
Bright Beginnings Center 6 Park Street Hopedale, MA 01747 (508) 634-2213 Fax: (508) 634-2232	

VOCATIONAL HIGH SCHOOLS	
Tri-County Regional Vocational High School 1447 Pond Street Franklin, MA 02038 (508) 528-5400 www.tri-county.tc	Blackstone Valley Regional Vocational Technical School 65 Pleasant Street Upton, MA 01568 (508) 529-7758

EDUCATIONAL COLLABORATIVES	
Bi-County Collaborative 397 East Central Street Franklin, MA 02038 (508) 520-1998 www.bicounty.org	Blackstone Valley Regional Vocational Technical School 65 Pleasant Street Upton, MA 01568 (508) 529-7758

TECHNICAL SCHOOLS	
Bancroft School of Massage Therapy 333 Shrewsbury Street Worcester, MA 01604 (508) 757-7923 www.bancroftsmmt.com	Rob Roy Academy 150 Pleasant Street Worcester, MA 01609 (508) 799-0211 www.rob-roy.com
Hair in Motion Beauty Academy 73 Hamilton Street Worcester, MA 01604 (508) 756-6060 www.hairmotion.net	

EDUCATION

COMMUNITY COLLEGES, COLLEGES, AND UNIVERSITIES	
Assumption College 500 Salisbury Street Worcester, MA 01609 (508) 767-7000 www.assumption.edu	Becker College 61 Sever Street Worcester, MA 01609 (508) 791-9241 www.beckercollege.edu
Clark University 950 Main Street Worcester, MA 01610 (508) 793-7711 www.clarku.edu	College of the Holy Cross One College Street Worcester, MA 01610 (508) 793-2011 www.holycross.edu
Quinsigamond Community College 670 West Boylston Street Worcester, MA 01606 (508) 853-2300 www.qcc.edu	UMass Medical School Worcester 55 Lake Avenue North Worcester, MA 01655 (508) 856-1542 www.umassmed.edu
Worcester State College 486 Chandler Street Worcester, MA 01602 (508) 929-8000 www.worcester.edu	Worcester Polytechnic Institute 100 Institute Road Worcester, MA 01609 (508) 831-5000 www.wpi.edu

FINANCIAL ASSISTANCE FOR HIGHER EDUCATION DCF EDUCATIONAL AND VOCATIONAL SUPPORT SERVICES
In order to be eligible for all of these programs, youth must complete the Free Application for Federal Financial Aid (FAFSA) at www.fafsa.ed.gov
Foster Child Tuition Waiver Program Provides free tuition to foster children who attend Massachusetts' public colleges and universities. To be eligible you must: <ul style="list-style-type: none"> ▪ Be a current or former foster child who was placed in the custody of the state through a Care and Protection Petition ▪ Be twenty-four years of age or younger ▪ Have been in state custody for 24 consecutive months ▪ Not have been adopted nor returned home (guardianship included) ▪ Be a United State citizen or eligible non-citizen ▪ Maintain full-time enrollment in the school program ▪ Be registered for the military draft if you are require to do so ▪ Be up-to-date on any other student loans or refunds of financial aid ▪ Not have received a bachelor's degree or its equivalent in the past

This program only covers tuition; does not cover room, board, insurance, and other fees. However, you may apply for other grant to assist you with these costs. These programs are included in the next boxes. To apply, send a copy of your birth certificate with a letter requesting the waiver that includes your name, social security number, date of birth, mailing address, and signature to: The Foster Child Tuition Waiver Program, Dept. of Children and Families
24 Farnsworth Street
Boston, MA 02110
(617) 748-2228

William Warren Scholarship Program

Provides scholarships for educational and vocational programs to any youth under age 25 who was in care/custody of DCF for a minimum of one year. Scholarships range from \$250 to \$4,000. Both current and former DCF youth are eligible.

- Applicants must be in DCF care or custody or have been in the past for a minimum of one year. Applicants must be under the age of 25.
- Applicants must be enrolled in a post-secondary Title IV eligibility program
- Applicants must demonstrate academic potential and commitment to educational goals
- Applicants must demonstrate significant unmet financial needs
- Applicants must demonstrate the ability to overcome challenges and obstacles

For more information, call (617) 748-2232.

Education and Training Voucher Program

Provides up to \$5,000 per academic year to post-secondary educational or vocational training programs, including colleges and trade schools, and related costs of attendance (tuition, fees, room and board, books, transportation, and day care).

Eligibility

- Youth who were adopted after attaining age 16; or
- Youth who were in DCF custody (any type) until age 18, unable to return home and have not yet reached age 23
- Youth must have achieved a high school diploma or GED certificate

Youth Independence / Aging Out

John H. Chafee Foster Care Independence Program

Helps ensure that young people involved in the foster care system get the tools they need to make the most of their lives. They may have opportunities for additional education or training, housing assistance, counseling and other services.

- Provides for flexible funding to be distributed to states through grants for program services for youth

<ul style="list-style-type: none"> ▪ Provides opportunities for states to serve youth, who are likely to remain in foster care, and those who have aged out of foster care, up to 21 years of age ▪ Enables youth to make better choices and accept greater responsibility for their own lives ▪ Enables older youth (18-21) to receive housing assistance, if needed ▪ Provides states the option of allowing these young people to remain eligible for Medicaid up to age 21
<p>Massachusetts Educational Financing Authority www.mefa.org (617) 261-9760 (800) 842-1531</p>
<p>Massachusetts Office of Student Financial Assistance (617) 727-9420</p>

<p>ADULT BASIC EDUCATION (ABE), ENGLISH AS A SECOND LANGUAGE (ESL), & GENERAL EQUIVALENCY DIPLOMA (GED) PREPARATION (Call for program information and times)</p>	
<p>Milford Community School Use Program Milford High School 31 West Fountain Street Milford, MA 01757 (508) 478-1119 www.milford.ma.us/mcs/</p>	<p>The Tutoring Program Milford Town Library 80 Spruce Street Milford, MA 01767 (508) 473-2145, Ext. 219 www.milfordtownlibrary.org</p>

<p>ADDITIONAL EDUCATIONAL PROGRAMS</p>	
<p>Tri-County RVTHS Continuing Education Learning is a Lifelong Journey Tri-County Regional Vocational Technical High School 147 Pond Street Franklin, MA 02038 (508) 528-5400, Ext. 126 www.tri-county.tc Services: GED/ESL</p>	<p>Youth Opportunities Upheld, Inc. 25 Mendon Street Uxbridge, MA 01569 (508) 849-5600 www.youinc.org</p>

JOB TRAINING AND EMPLOYMENT ASSISTANCE PROGRAMS

CAREER CENTERS

Career Centers offer referrals to training opportunities, career planning, resume development, job search workshops, access to America’s Job and Talent Bank, referrals to other agencies, support services and much more. Each career center resource library offers access to copy and fax machines, and computer access for self-directed job searches.

<p>Workforce Central 425 Fortune Boulevard Milford, MA 01757 (508) 478-4300 www.workforcecentralma.org</p>	
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JOB TRAINING PROGRAMS

<p>Grafton Job Corps Center 100 Pine Street North Grafton, MA 01536 (508) 887-7300 www.grafton.jobcorps.gov For young adults ages 16-24. Vocational offerings include Culinary Arts, Electrical Wiring, Facilities Maintenance, Military Careers Preparation Program, Business Technologies, Plumbing, Certified Nurse’s Aide, Medical Assistant, and many others. GED</p>	<p>Training Resources of America Inc. (TRA) 332 Main Street, Suite 601 Worcester, MA 01608 (508) 753-2991 www.tra-inc.org/locations/index.html Provides quality education, employment and training services. GED/ESL</p>
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MASSACHUSETTS REHABILITATION COMMISSION VOCATIONAL REHABILITATION

We help individuals of all disabilities to go to work. If you are unemployed or underemployed, you may be able to benefit from vocational services. All VR consumers must reside in Massachusetts and be eligible to work in the United States. **To Make a Referral:** Any individual with a disability can inquire about obtaining services. Friends, relatives, and health care disabilities to make informed choices about work. Call the office near your area for information

<p>Mass. Rehabilitation Commission Home National Office Plaza 100 Medway Road, Suite 102 Milford, MA 01757 (508) 478-0700</p>	
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JOB TRAINING AND EMPLOYMENT ASSISTANCE PROGRAMS

YOUTH EMPLOYMENT	
<p>For Youth in Search of a Job www.commcorp.org/youthworks/youth-towns.html Twenty-five (25) cities and towns in Mass. are eligible for YouthWorks funding. However, if your city or town is not eligible for YouthWorks funding, the Workforce Investment Board (WIB) contact in your area may still be able to help you locate a job. Workforce Investment Board www.massworkforce.com/region-map.php</p>	

SUMMER YOUTH EMPLOYMENT	
<p>Counselor-in-Training Program 36 Wall Street Worcester, MA 01604 (508) 755-4362 For youth ages 13-16 serving as mentors for younger children.</p>	<p>Worcester Community Action Council, Inc. 484 Main Street, 2nd Floor Worcester, MA 01608 (508) 754-1176 www.wcac.net</p>

VOLUNTEER POSITIONS	
<p>Millbury Service-Learning Youth Council Millbury Public Schools 12 Martin Street. Millbury 01527 (508) 865-9501 www.millbury.k12.ma.us Active in grantsmanship, civic engagement, community awareness, and service-learning. The Council conducts a needs assessment, issues a Request for Proposals, disseminates grant funds, monitors funded projects, and provides outreach in the area of service learning.</p>	<p>Worcester County Food Bank 474 Boston Turnpike Shrewsbury, MA 01545 www.foodbank.org (508) 842-3663 Most of our volunteers help sort donated food and grocery products. They sort approximately 2 million pounds of food per year, which is then distributed to emergency-feeding programs located throughout Worcester County. Minimum age for volunteering is 13.</p>

JOB TRAINING AND EMPLOYMENT ASSISTANCE PROGRAMS

MENTORING PROGRAMS	
<p>Big Brothers/Big Sisters of Mass. Bay www.bbbsmb.org/Default.aspx As one of the largest adult-to-child mentoring organizations in the nation, Big Brothers / Big Sisters of Mass. Bay currently serves over 3,500 youth in one-to-one relationships, and more than 100 additional youth in group activities and camperships. Our service area encompasses 155 cities and towns throughout the Mass. Bay area. Currently located in 10 offices, our staff of nearly 100 employees supports these children, their families, and the friendships they form with caring adult volunteers. Big Brothers/Big Sisters of Mass. Bay is comprised of a number of offices, each serving a specific area or region. Offices are located in Greater Boston, Cape Cod and the Islands, Fall River, and Greater Attleboro.</p>	<p>AmeriCorps AmeriCorps Corp. State Office 10 Causeway Street, Room 473 Boston, MA 02222 (617) 565-7006 www.americorps.org Often referred to as the “domestic Peace Corps.”, AmeriCorps members have a variety of opportunities to work tutoring and mentoring youth, building new homes for families, responding to natural disasters, restoring parks and coastlines, etc. The required service commitment is generally one year. Members receive a modest living allowance, and some programs provide housing. Other benefits include an educational award to help pay for college tuition or to repay student loans.</p>

TRANSPORTATION

BUSES (Call for schedule information)	
Mass. Bay Transportation Authority (MBTA) 10 Park Plaza, Suite 3910 Boston, MA 02116 Customer Support Representatives (617) 222-3200 / (800) 392-6100 Main Switchboard: (617) 222-5000 www.mbta.com/customer_support/contact	Worcester Regional Transit Authority (MRTA) 317 Main Street Worcester, MA 01608 (508) 791-9782 www.therta.com

TRAINS	
Mass. Bay Transportation Authority (MBTA) Commuter Rail (800) 392-6100 www.mbta.com	

MEDICAL TRANSPORTATION SERVICES	
MassHealth Transportation Services PO Box 45, Boston, MA 02112-0045 (800) 841-2900 www.massresources.org/pages.cfm MassHealth members who need non-emergency transportation to and from medical appointments may be eligible for free transportation services. Eligible members who use private or public transportation can be reimbursed for their transportation expenses. You can receive free non-emergency transportation services from MassHealth if your MassHealth coverage type includes transportation services (MassHealth Standard or CommonHealth), and the medical appointment you are going to is covered by MassHealth.	You can obtain free dial-a-ride van/taxi service if: <ul style="list-style-type: none"> ▪ There is no private transportation or public transportation that you can use your health care provide authorizes your need for transportation by filling out a Prescription for Transportation (Form PT-1)
You can be reimbursed for your transportation expenses if: <ul style="list-style-type: none"> ▪ You use private or public transportation ▪ You have transportation expenses (gas, bus fare, etc.) 	

<ul style="list-style-type: none"> ▪ Your medical appointment is not within reasonable walking distance ▪ Your travel costs are \$5 or more 	
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TRANSPORTATION

<p>Travel Costs Reimbursement: If you use private or public transportation, you can be reimbursed for transportation costs. You will be paid for the least expensive means of travel from your home to your medical appointment and back, even if your actual costs are higher. You will be reimbursed only if your travel costs are \$5 or more. If you used a private vehicle, you will be paid for mileage at \$.40 per mile. Note: For urgent care, you do not have to use the least expensive means of travel.</p>
<p>Dial-a-Ride Services: If you need dial-a-ride van/taxi service, you will receive curb-to-curb transportation services from your home to your MassHealth appointment and back. The service will be provided by your local Regional Transit Authority (RTA). You will receive free transportation for the number of trips approved by MassHealth. You will be given a toll-free RTA phone number to call to schedule your trips.</p>
<p>Note: All MassHealth members are covered for emergency ambulance services. If you are not eligible for MassHealth transportation services and you are a senior or disabled, you can get low cost transportation services from the Paratransit and Elder Van Service.</p>
<p>Americans with Disabilities Act (ADA) Paratransit Service The ADA Paratransit Service is for people who because of a disability cannot ride the regular fixed route buses on their own. You must apply and be approved for paratransit service. Once approved, you may use the service as often as you like for trips within your transit authority service area. To apply for ADA Paratransit Service, you should call your local transit authority and request an application. For communities serviced by the MBTA, call THE RIDE at (800) 533-6282. More information and an application are available on THE RIDE web site: www.mbta.com/riding_the_t/accessible_services/?id=7108</p>

RECREATIONAL, ARTS, CULTURAL AND LEISURE PROGRAMS

<p>YMCA</p> <p>To find a YMCA nearest you, please visit: www.ymca.net/find_your_ymca</p>	
<p>Hockomock Area YMCA Branch 45 Forge Hill Road Franklin, MA 02038 (508) 528-8708 www.hockymca.org</p>	

<p>OTHER PROGRAMS</p> <p>This category includes a wide-range of either free or fee required activities including, but not limited to, martial arts, museums, classes, parks, etc. Activities can be viewed by regions in Massachusetts, or programs listings at http://www.bostoncentral.com/activities.php</p>	
<p>Boy Scouts of America National Council Scouting serves young men and women in every part of the country through more than 300 local council service centers. Each council helps chartered organizations in its geographic area to effectively use the scouting program and to expand the use of the program to other community groups. To determine which local council serves your geographic area, visit the following link and enter your zip code: www.scouting.org</p>	<p>Girl Scouts of the USA (800) GSUSA -4-U www.girlscouts.org/councilfinder/ Girl Scouts of the USA has more than 300 councils, or local offices, that can help you join a troop or group, become a volunteer or leader, and much more! Click on the map to find councils in a specific state or search by council zip code, state, or name to the right. For more information about Girl Scout council that serves your area.</p>
<p>Civil Air Patrol (CAP) – Cadet Program (800) FLY-2338 www.cap.gov/visitors/members/cadet_programs CAP is the volunteer, non-profit auxiliary of U.S. Air Force.</p>	<p>Milford Community Center 150 Main Street Milford, MA 01757 (508) 473-8112</p>

RECREATIONAL, ARTS, CULTURAL AND LEISURE PROGRAMS

SWIMMING POOLS (Admission if free at Department of Conservation and Recreation managed pools.)	
Sen. P. Eugene Casey Mem. Swimming Pool Route 140 / Prospect Street Milford, MA 01757 (508) 473-5998	

LIBRARIES Massachusetts Library Directory Find any of the more than 1,700 libraries that are members of the six Massachusetts Regional Library Systems mblc.state.ma.us/libraries/directory/index.php	
Bancroft Memorial Library 50 Hopedale Street Hopedale, MA 01747 (508) 634-2209	Milford Town Library 80 Spruce Street Milford, MA 01757 (508) 473-2145
Bellingham Public Library 100 Blackstone Street Bellingham, MA 02019 (508) 966-1660	Taft Public Library 18 Main Street Mendon, MA 01756 (508) 473-3259